

Kinder Boot Camp Instructions

You can tag team with specials and Librarian to do a 15-20 minute slot with each Kindergarten class. The scheduling depends on the number of K classes you have.

Last year we had 6 K classes so we did 4 weeks of “kindergarten boot camp”.

1st Visit: Introduce yourself and play the “name game”. Tell them what your job is at school and say, “I’m Mrs. Burson, I’m the school counselor”.

Then use a coosh ball and toss it to each student individually as you say, “What’s your name?” They tell you their name and toss the coosh ball back. You do this with each student until the entire class is done. Believe me, at the end of the game, they can tell you when you ask who you are and what your job is at school.

2nd Visit: Review the type of school you want to have. Introduce the 6 pillars of character and show them a picture of Pouty Pink, Yelling Yellow, But-in Brown, Betty Blue, Rudey Red & Greedy Green. (If you have your own “rules of the school” this would be a good time to review them). They all agree that we do NOT need these kinds of kids at their school.

3rd Visit: Review your name and job, the 6 pillars of Character, and then read Hands Are Not for Hitting and Words Are Not for Hurting.

4th Visit: Do the We Help Ourselves (WHO) program videos that teach, “Say NO, Get Away, then Tell Somebody”.
www.wehelpourselves.org

I use my “magic bag” that has imaginary rocks in it that I toss to them and they keep until the end of the lesson. They toss the imaginary rocks back to me and the rocks “pop” into the bag.

(Toss out the 3 WHO rules and collect at end)

*You can use the “toss” idea with each week, names of people counselor helps at school, kids, parents, teachers; 6 pillars of character, etc...when the kids give the right answer they toss the rocks back)

